



MIND AND TRAINING ACTIVITIES

(Work in progress)

A training activity is included within the Mind Project. Such activity will be implemented in Italy, at the Centro Nazionale per il Volontariato of Lucca.

Goals of the training activity are:

- Provide participants with info on family mediation practices. Such an activity will include also the experiences taken into account in previous Dafne projects coordinated by CNV in 6 European countries.
- Provide operators, who have already acquired professional competences, with preparation and training useful to integrate their experiences through specific competences aimed at practicing family mediation (FM).
- Support the integration in the practice of the already existing and acquired competences through mediation, in order to start up new centres of FM in the countries partners of Mind Project.

Competences acquired by the persons attending the course will allow operators to develop behaviours/abilities/capacities in order to:

- Provide parents in conflict and in the process of getting divorced with a structured space in which the mediator will be able to help them to deal with such a conflict, by strengthening their abilities to negotiate a deal;
- Avoid the serious damages that conflicts and separations have whenever they are carried out in radical contrasts, when dialogue is cut short and adults while splitting give up their role of main actors;
- Foster and promote the growing process of kids whenever their parents set their mind to divorce: this means helping both parents to schedule a separation project that takes into account the basic needs of their children;

- Guarantee children the affective and educative relation with their parents by helping these latter to look for the solutions most appropriate to their specific situation and problems;
- Implement all these activities in the FM centres or within FM activities to promote in the partner countries.

The training course will be structured in two parts:

- A. Theoretical/Practical part (180 hours)
- B. Supervision and long-distance support (40 hours).

For a total of 220 hours.

The theoretical/practical part of the course will therefore amount to 180 hours, but is to be expected the possibility to admit training credits for professional experiences or voluntary work, already developed in a minimum period of time of 6 months (credits maximum for 30 hours) within family mediation and the managing of family conflicts. Besides, part of this training for 30 hours is expected to be implemented by FAD (long-distance training), through PCs in one's own partner country.

The training course includes a second part made of 40 hours of supervision and long-distance training, to be carried out by PC, according to a special program that CNV will set out and offer to people attending the course, useful for concretely starting activities and centres in the respective partner countries. Therefore, including the recognized formative credits, the Theoretical/Practical Part will be of 150 hours, 120 of which in class, and 30 long-distance, plus 40 hours of long distance supervision/support. The course of 120 hours will be in Lucca, November 17th through December 16th, for 18 consecutive days and an average of 7 hours each day. For long-distance training a special program for personal computers will be adopted and explained at the course while in Lucca.

Candidates are people willing to practise family mediation in the Mind Project partner countries. Training is addressed to post graduation persons, especially those graduated in Humanities, and all those who have acquired experiences of at least 6 months in their profession or activity work, within the issues relating to families in troubles and with minor children, or involved in separations. Other requirements include basic computer experience and basic knowledge of the English language. There will be a short aptitude test. Among the requirements, persons attending the course will have to be available to

spend 21 days in Italy in order to attend the Theoretical/Practical course and to follow FAD later on.

All persons attending at least 80 % of the total amount of hours scheduled for this course will receive a **Certificate of Attendance**. Since the course has been generated within the European Union, the Certificate will also refer to the project Dafne, DG Justice, European Union. The course will also be recognized in one's own country as qualification or education credit, in compliance with the regulations adopted in the next years by the respective partner countries. The Certificate of Attendance will be released on the methodological scheme of Europass (this is for qualifications acknowledged at European level). We are planning to ask for the course recognition at the European Forum on Family Mediation.

FIRST PART

THEORETICAL – PRACTICAL TRAINING

Goals: Promoting and developing behaviours/abilities/capacities in order to practice family mediation.

This first part will be structured in **six units that will include** on the whole:

- 120 hours of training for practicing family mediation;
- 20 hours of training for psychological features;
- 20 hours of training for sociological features;
- 20 hours of training for law features (International Law and each partner countries).

Tutor of the course and of the activity of linguistic inter-mediation: Heather.

The contents of our theoretical/practical training program will be the following:
MIND- training to Family Mediation:

FIRST UNIT : Rossana Caselli and Angela Bertolucci, Sociological Part; Lawyer Marcucci, Legal Part.

November 27, 28, 29, 30.

- **Introduction** of participants, of the training course and its goals, of the organization and logistics, reception.
- Dafne projects and UE initiatives to fight violence on women and children
- The evolution of family, separation and divorce in Europe and in partner countries

- The discovery of Mediation: definition, the concept of conflict and management, different feelings linked to situations experienced in the conflict.
- Mediation and other professions: differences between arbitration and negotiation; roles of mediator, psychologist, therapist, lawyer, judge...
- Legal and judiciary approaches to conflict resolution.
- Definition of Mediator and Family Mediation.
- **The European normative panorama and the evolution in progress**

SECOND UNIT

FAMILY MEDIATION: FIRST CONTACTS (Franca Gamberoni of ALFID/ LUIGI Zammuto)

Days: November 30 – December 1,2,3,4,5.

- The mediation process, various phases and steps, models of mediation
- The mediation process focused on the family
- Various kinds of mediation: family, criminal, scholastic, neighbourhood
- Methods
- Requests: how to understand questions and needs, how to select requests
- Basic info
- Counselling activities
- Welcoming
- Activation/ Assumption of responsibility by parents/conflicting parts
- Violence in family conflicts
- How to manage the relations with lawyers, magistrates, service operators, voluntary organizations, informal network of proximity
- Specificity of FM: autonomy from the judicial environment; privacy; centrality of the parental couple
- Care for the image of FM service: info and promotion in the territory, to youth, at schools; operators, institutions and citizens
- Family Mediation and surroundings: links to social, school, penal mediation and other mediation ways (ADR)

THIRD UNIT

THE INTERVIEWS (Nadia Giorgi- Psychological Part)

December 6,7,8,9.

- Assessment and implementation of individual preliminary interviews
- **Relations with lawyers and magistrates**
- The absent spouse (or conflicting party) and the possible activation through the help of the present partner (or other conflicting party), or directly the FM
- Feelings and expressions of the conflict
- Violence in the conflict: is family mediation possible? Welcoming the victims
- **Violence and the role of the tutelary judge; other legal features (judge of minors, etc).**
- Welcoming and restraint of the conflicting parties in order to make the parental

- couple prevail
- Assessment and spurring of :
 - autonomy from the judicial environment
 - plenipotentiarity
 - truce
 - motivation and resources in order to deal with the job of family mediation
 - ritualization of the conflict
- The contract: rules for the profession of family mediation
- Relations with the senders and the operators of services
- Children' role: present, directly involved, indirectly involved?

FOURTH UNIT

THE PROFESSION OF FAMILY MEDIATION (Helene Van den Steen)

December 11,12,13.

- The recovery and enhancement of dialogue between parents
- Mediation setting
- The recovery and enhancement of shared parenthood
- The focus on children
- Concreteness and values of everyday nature
- Dynamics of new partners and new children
- **Economic features in FM**
- **The shared foster care: features of the new legislation in Europe**
- **Interferences and collaborations with the judicial process and/or others**
- Assessment and managing of interruptions and failures
- Teamwork in the service of family mediation

FIFTH UNIT

THE CONCLUSION OF FAMILY MEDIATION (Helene van den Steen)

December 14,15.

- Assessment and enhancement of the accomplished goals
- Returns and balance
- Follow-up

SIXTH UNIT (Helene van den Steen)

FAMILY MEDIATION AS A LEARNING AND OPERATIVE TOOL

December 15,16.

(seminar? Culture of conflict managing: Marco Bertoluzzo Or someone who does mediation in schools?)

How to use philosophy and the methodological aspects of family mediation in order to work in counselling, assessor's activity, training and managing of self-reciprocal-help (including groups of self-reciprocal-help of victims), awareness campaign and cultural promotion. (Unit of sociological nature to implement also through an open seminar in collaboration with the Province of Lucca, the Istituto degli Innocenti, and Gea).

EXERCISES

Debates on cases presented by people attending the course and teachers.

B. SECOND PART

SUPERVISION AND PRACTICE ANALYSIS

Goals: testing of family mediation practices experienced by people attending the course; assisted starting up of family mediation services.

Candidates: people who have attended the course in theoretical/practical training and who have started the family mediation practice.

Contents: personal practice in family mediation.

Execution: according to operational modes to be established at the end of the theoretical/practical part.