



Trail Angels



What is ESC?



Are you between 18 and 30 and looking for an opportunity to help the wider community, in Europe and beyond?

You could do this with funding and support from the **European Solidarity Corps**, which helps young people take part in projects that benefit communities, either abroad or in their own country.

These projects offer an inspiring and empowering experience, as well as the chance to bring change while developing your skills and competences.

The **ESC** is an excellent opportunity to help where needed, learn new skills, spend time abroad, maybe learn a language and definitely come back with unforgettable memories. Most opportunities through the ESC are cross-border volunteering activities.

With the wide range of issues covered by the projects (such as environment, health, inclusion, digital technologies, culture, sport), you're sure to find something to match your interests and background.



Team volunteering

If you can't commit for a long period, but still want to help the community, then check out team volunteering, which:

- can last between 33/45 days
- is full-time
- you volunteer with people from at least 2 different countries
- the group will be 12 volunteers and include people with fewer opportunities

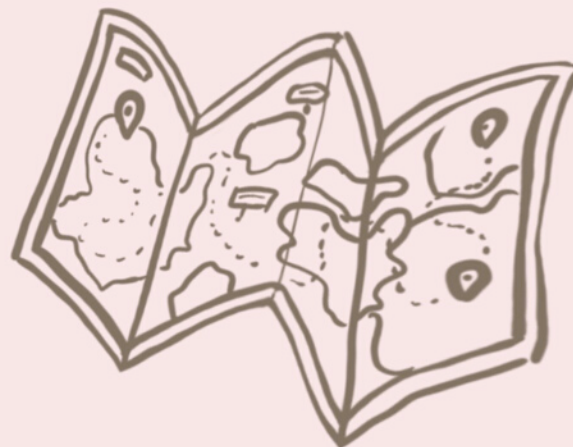




Camaiore
Lucca

Massa
Camaiore

Lucca
Altopascio



12 june 2023 - 22 july 2023
21 august 2023 - 4 october 2023
9 october 2023 - 10 november 2023



About our project:

Cultural routes are a precious asset of the European Cultural Heritage. They create connections between countries and people, encourage mutual knowledge and physical activity, and promote the spreading of associated cultural contents.



However, they need regular and dedicated maintenance in order to be available for walkers and riders all year round. In Trail Angels, teams of volunteers coming mostly from Northern Europe will be hosted in Tuscany to take care of the Via Francigena, one of the oldest and most important and famous of the European Cultural Routes.

Each team will cooperate to the ordinary maintenance of one single part of the Tuscan via, until the entirety of this beautiful cultural heritage will be restored for pilgrims and tourists alike to walk on it again.



What will you do?

Moreover, you will:

- socialize with their peers and create a network among them;
- work in teams, which will provide an opportunity of intercultural and interreligious dialogue, as well as developing soft skills, leadership and problem-solving abilities;
- develop other skills and competences which are useful for their personal, educational, social and professional development;
- promote the values of diversity and inclusivity, since at least three people for each Team will be young people with fewer opportunities, including refugees, asylum seekers and migrants;
- participate in an activity that allow them to gain awareness and understanding of other cultures and countries, to actively participate in society and to develop a sense of European citizenship and identity.





LEANING
TOWER OF
PISA

Tuscany - Via Francigena

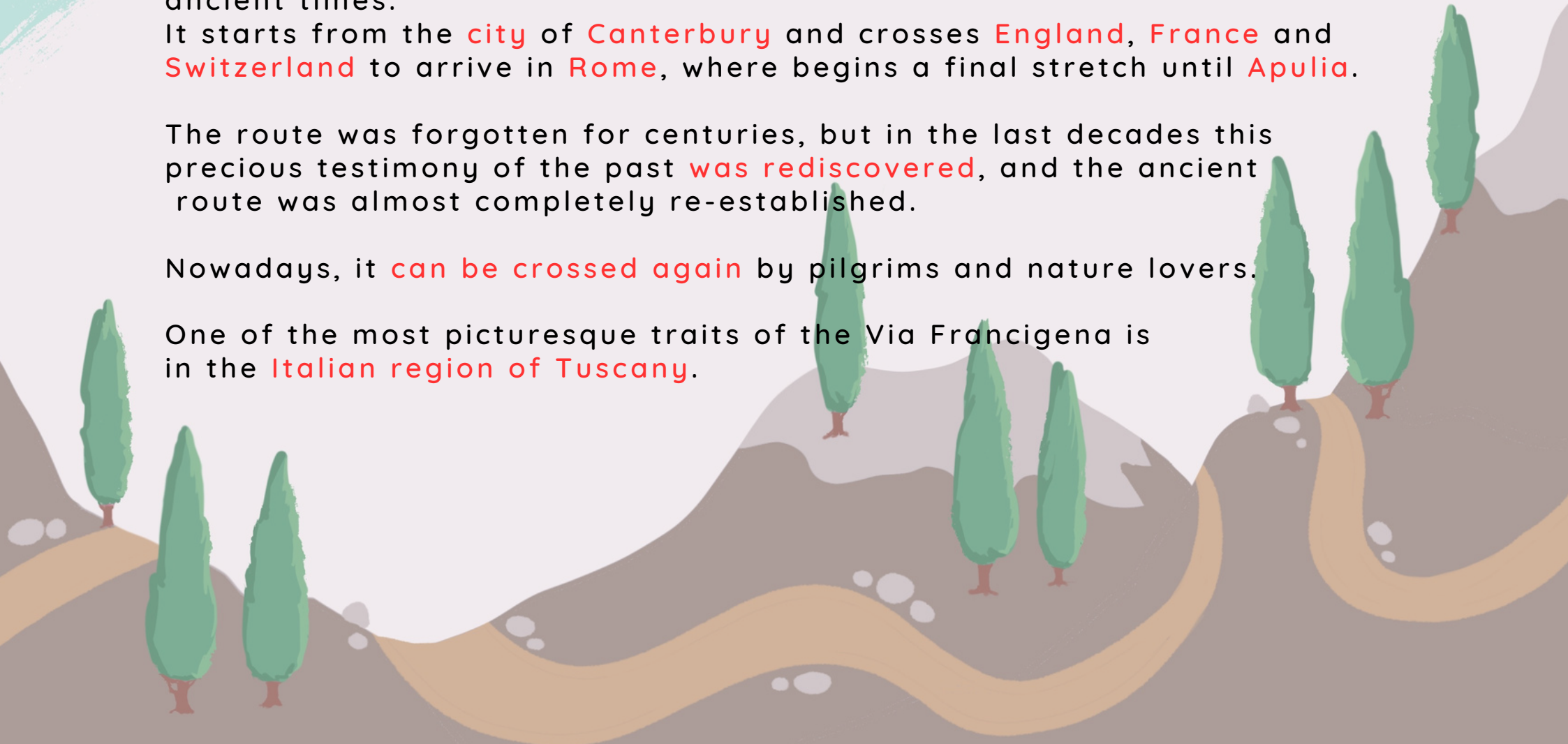
Via Francigena is one of the old pilgrimage routes that connected Europe in ancient times.

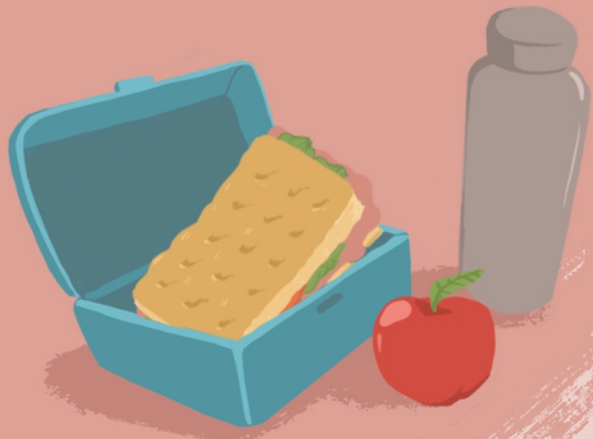
It starts from the **city** of **Canterbury** and crosses **England**, **France** and **Switzerland** to arrive in **Rome**, where begins a final stretch until **Apulia**.

The route was forgotten for centuries, but in the last decades this precious testimony of the past **was rediscovered**, and the ancient route was almost completely re-established.

Nowadays, it **can be crossed again** by pilgrims and nature lovers.

One of the most picturesque traits of the Via Francigena is in the **Italian region of Tuscany**.





Hosting and Support...

Each volunteer will receive 150 € as pocket money each month.

Everything else, including accommodation, food and activity-related costs will be managed by the hosting organization.

International travel is also reimbursed. Volunteers will do their activities in a flexible way, for about 6 hours/day and 5 days every week.

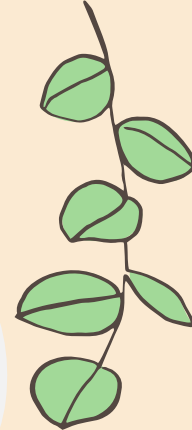
Two days are free every week, besides these, all regional and national free days and holidays are also considered free for the volunteers.

- POCKET MONEY
- LUNCH BOX
- TRAVEL REIMBURSEMENT
- FULL BOARD ACCOMMODATION
- HEALTH INSURANCE
- YOUTHPASS





La Brilla is located in front of **Lake Massaciuccoli** near the ancient Roman baths, **LIPU OASIS**, the Puccini cycle path that reaches the city of **Lucca** and the paths of the hills behind.



The building owes its name to its past as a factory for rice blasting, and today, after a **long restoration**, the structure has been conceived as an autonomous multifunctional space

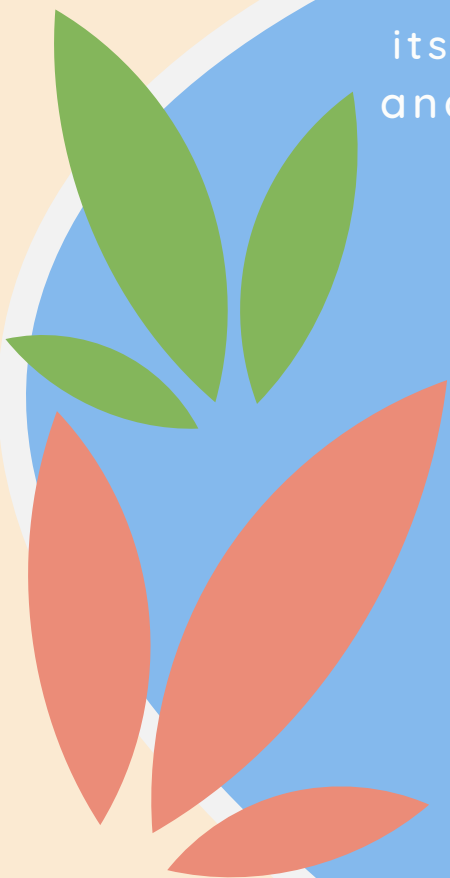


12 BEDS

(A CONNECTING ROOM CONSISTING OF 4 + 8 BEDS AND A ROOM OF 6).

FULL BOARD

(BREAKFAST, POCKET LUNCH, DINNER AND KITCHEN AVAILABLE)





We are
looking for...

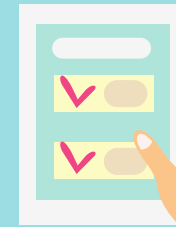
- CREATIVE
- OPEN MINDED
- PROACTIVE
- MOTIVATED
- CULTURALLY AND SOCIALLY SENSITIVE
- AGED BETWEEN 18-30



Join us!

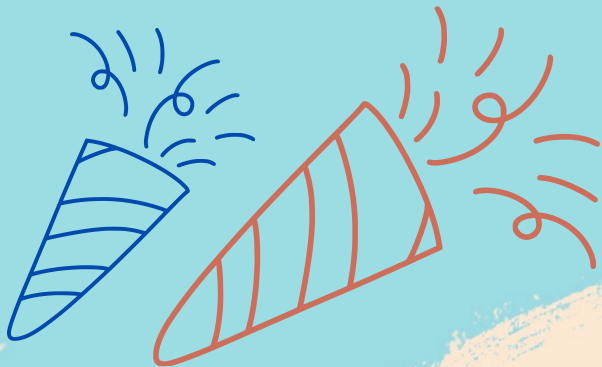


1. **FILL IN THE APPLICATION FORM**
2. SEND YOUR **CV** AND **MOTIVATION LETTER** TO US



For anyone wishing to join us as an **ESC** volunteer, we will firstly require a **CV** and a **motivation letter**.

We encourage candidates to **be creative** with their applications, to include anything that might reveal their individuality, their likes, dislikes and potential skill sets.



CONTACTS

SENDING ORGANIZATION
IB.POLSKA.KRAKOW@GMAIL.COM

INFO

ESC@CENTROVOLONTARIATO.NET
PROGETTAZIONE@STUDIOPROGETTO.ORG

